

# FREE YMCA Member Equipment Check-out for families

\*See red-shirt fitness attendant to check out in gym.

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|--------------------------|--------------------------------|
| Kube Set                 | 9 Square Set                   |
| Bean Bags                | Incred-a-balls/Hamster balls   |
| Volleyball               | Plastic Cones                  |
| Spike Ball               | Tennis Balls & Rackets         |
| Flat Scooters            | parachute                      |
| Hula-hoops               | Jump Ropes                     |
| Neon Scarves             | Scrimmage penny's              |
| Frisbees                 | Flag football fags & footballs |
| Bases (uses: Kickball, ) | Soccer                         |
| Wiffleball               | 8 Buckets                      |
| Basketballs              | Badminton                      |
| Pickleball               | Gaga pit                       |



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



## December Family Activities

Free equipment check out & games for kids & families.  
Members will be able to check out balls, jump ropes,  
lawn games, volleyball, and more

**Staff led activities will be available**

**Monday, Tuesday, Thursday  
4:15-7:45pm**

December	Monday	Tuesday	Wednesday		Thursday	Friday	Saturday
<b>4:15-4:45 PM</b>	Meal Planning	Meal Planning	Family Open Gym/ Outdoor Space		Meal Planning	Family Open Gym/ Outdoor Space	9-9:30- Meal Planning
<b>5-5:30 PM</b>	Group Games/ Sports	Pickleball Dodgeball	Family Open Gym/ Outdoor Space		Capture the Flag	Family Open Gym/ Outdoor Space	9:30-10am Group Games/ Sports
<b>5:00-8:00 PM</b>	Tot Watch 6mo-8yr	Tot Watch 6mo-8yr	Tot Watch 6mo-8yr		Tot Watch 6mo-8yr	N/A	10am-10:30 Soccer/Flag foot-
<b>5:45-6:30 PM</b>	Craft	Group games/ Strategy games	Family Open Gym/ Outdoor Space		Kubb/ Bags	Family Open Gym/ Outdoor Space	10:30-11 Kubb/ Bags
<b>6:45-7:45 PM</b>	Kubb/ Bags Kid's Choice	Soccer/Flag football	Family Open Gym/ Outdoor Space		Strategy games/Craft	Family Open Gym/ Outdoor Space	11-11:30 Strategy games/ Craft
<b>WHAT TO WEAR</b>	Wear used clothes and shoes that are able to get wet & dirty. Members: One time \$10 registration fee per child. Non-Members: \$10 per day, per child.						