

# YMCA Summer Camp Daily Schedule

Greater Peoria Family YMCA

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:30-7:45am	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
7:45-9am	<b>ALL</b> Books, Puzzles, Table Games	<b>ALL</b> Books, Puzzles, Table Games	<b>ALL</b> Books, Puzzles, Table Games	<b>ALL</b> Books, Puzzles, Table Games	<b>ALL</b> Books, Puzzles, Table Games
8-8:25am	<i>Swim Lessons Level 4-6</i>	Swim Lessons Level 4-6	<i>Swim Lessons Level 4-6</i>	Swim Lessons Level 4-6	NO SWIM LESSONS
8:30-8:55am	<i>Swim Lessons Level 1-3</i>	Swim Lessons Level 1-3	<i>Swim Lessons Level 1-3</i>	Swim Lessons Level 1-3	NO SWIM LESSONS
9-9:30am	<b>ALL CAMP</b> Opening Ceremony	<b>ALL CAMP</b> Opening Ceremony	<b>ALL CAMP</b> Opening Ceremony	<b>ALL CAMP</b> Opening Ceremony	<b>ALL CAMP</b> Opening Ceremony
9:30-10:30am	<b>Small Group Breakouts:</b> <i>Character Counts</i> (review camp values, highlight value of the day, review camp rules, review daily schedule, group tradition to start the day, apply sunscreen)	<b>Small Group Breakouts:</b> <i>Character Counts</i> (review camp values, highlight value of the day, review camp rules, review daily schedule, group tradition to start the day, apply sunscreen)	<b>Small Group Breakouts:</b> <i>Character Counts</i> (review camp values, highlight value of the day, review camp rules, review daily schedule, group tradition to start the day, apply sunscreen)	<b>Small Group Breakouts:</b> <i>Character Counts</i> (review camp values, highlight value of the day, review camp rules, review daily schedule, group tradition to start the day, apply sunscreen)	<b>Small Group Breakouts:</b> <i>Character Counts</i> <b>BOY SCOUTS</b>
10:30-11:15am	<b>Session 1:</b> <i>Nutrition and Exercise</i> (snack, outdoor yoga/relay races/fitness challenge/etc, small group fitness activity, etc)	<b>Session 1:</b> <i>Nutrition and Exercise</i> (snack, outdoor yoga/relay races/fitness challenge/etc, small group fitness activity, etc)	<b>Session 1:</b> <i>Nutrition and Exercise</i> (snack, outdoor yoga/relay races/fitness challenge/etc, small group fitness activity, etc)	<b>Session 1:</b> <i>Nutrition and Exercise</i> (snack, outdoor yoga/relay races/fitness challenge/etc, small group fitness activity, etc)	<b>Session 1:</b> <i>Nutrition and Exercise</i> (snack, outdoor yoga/relay races/fitness challenge/etc, small group fitness activity, etc)
11:15-12pm	<b>Session 2:</b> Reading, Art, and Large Group Games	<b>Session 2:</b> Reading, Art, and Large Group Games	<b>Session 2:</b> Reading, Art, and Large Group Games	<b>Session 2:</b> Reading, Art, and Large Group Games	<b>Session 2:</b> Reading, Art, and Large Group Games
12-12:45pm	<b>All CAMP LUNCH</b>	<b>All CAMP LUNCH</b>	<b>All CAMP LUNCH</b>	<b>All CAMP LUNCH</b>	<b>All CAMP LUNCH</b>
12:45-1:15pm	<b>Session 3:</b> <i>Education &amp; Activity</i> (theme based) back in small groups	<b>Session 3:</b> <i>Education &amp; Activity</i> (theme based) back in small groups	<b>Session 3:</b> <i>Education &amp; Activity</i> (theme based) back in small groups	<b>Session 3:</b> <i>Education &amp; Activity</i> (theme based) back in small groups	<b>Session 3:</b> <i>Education &amp; Activity</i> (theme based) back in small groups
1:15-2:15pm	<b>Session 4:</b> <i>Recreational Time</i> (large group games and activities)	<b>Session 4:</b> <i>Recreational Time</i> (large group games and activities)	<b>Session 4:</b> <i>Recreational Time</i> (large group games and activities)	<b>Session 4:</b> <i>Recreational Time</i> (large group games and activities)	<b>Session 4:</b> <i>Recreational Time</i> (large group games and activities)
2:15-2:30pm	Camper Cleanup	Camper Cleanup	Camper Cleanup	Camper Cleanup	Camper Cleanup
2:30-3pm	<b>ALL CAMP</b> Closing Ceremony (Snack, Spirit Contest, Rewards for demonstration of camp values)	<b>ALL CAMP</b> Closing Ceremony (Snack, Spirit Contest, Rewards for demonstration of camp values)	<b>ALL CAMP</b> Closing Ceremony (Snack, Spirit Contest, Rewards for demonstration of camp values)	<b>ALL CAMP</b> Closing Ceremony (Snack, Spirit Contest, Rewards for demonstration of camp values)	<b>ALL CAMP</b> Closing Ceremony (Snack, Spirit Contest, Rewards for demonstration of camp values)
3-3:30pm	<b>ALL</b> change clothes, apply sunscreen, get ready for free swim	<b>ALL</b> change clothes, apply sunscreen, get ready for free swim	<b>ALL</b> change clothes, apply sunscreen, get ready for free swim	<b>ALL</b> change clothes, apply sunscreen, get ready for free swim	<b>ALL</b> change clothes, apply sunscreen, get ready for free swim
3:30-4:30pm	<b>ALL</b> Free Swim	<b>ALL</b> Free Swim	<b>ALL</b> Free Swim	<b>ALL</b> Free Swim	<b>ALL</b> Free Swim
4:30-5:00pm	<b>ALL</b> Change clothes if needed, meet in Pavillion for games	<b>ALL</b> Change clothes if needed, meet in Pavillion for games	<b>ALL</b> Change clothes if needed, meet in Pavillion for games	<b>ALL</b> Change clothes if needed, meet in Pavillion for games	<b>ALL</b> Change clothes if needed, meet in Pavillion for games
5-5:30pm	<b>ALL</b> Games in Pavillion/Free Play until Pickup	<b>ALL</b> Games in Pavillion/Free Play until Pickup	<b>ALL</b> Games in Pavillion/Free Play until Pickup	<b>ALL</b> Games in Pavillion/Free Play until Pickup	<b>ALL</b> Games in Pavillion/Free Play until Pickup
Contact:	Ashley Heeren	Day Camp Coordinator	(309) 692-7631 ext 201	<a href="mailto:ashley.heeren@peoriaymca.org">ashley.heeren@ peoriaymca.org</a>	