



STRONG SWIMMERS CONFIDENT KIDS

MEMBER REGISTRATION FEE: \$50.00 | NON-MEMBER REGISTRATION FEE: \$75.00

Parent/Child: Swim Starters	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Stage A-B: Water Discovery & Exploration <small>Ages 6 months - 3 years</small>		4:30-5:00pm		5:00pm-5:30pm	
Youth: Swim Basics	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Preschool Stage 1: Water Acclimation <small>Ages 3 - 5 years</small>		4:00pm-4:30pm		5:30pm-6:00pm	
School Age Stage 1: Water Acclimation <small>Ages 6 - 9 years</small>		4:00pm-4:30pm		5:30pm-6:00pm	
Preschool Stage 2: Water Movement <small>Ages 3 - 5 years</small>		5:00pm-5:30pm		4:30pm-5:00pm	
School Age Stage 2: Water Movement <small>Ages 6 - 9 years</small>		5:00pm-5:30pm		4:30pm-5:00pm	
Preschool Stage 3: Water Stamina <small>Ages 3 - 5 years</small>		5:30pm-6:00pm		4:00pm-4:30pm	
School Age Stage 3: Water Stamina <small>Ages 6 - 9 years</small>		5:30pm-6:00pm		4:00pm-4:30pm	



SWIM LESSONS FOR DIVERSE ABILITY YOUTH

Private Lessons for Individuals with Diverse Abilities

At the Y, we believe everyone deserves the opportunity to learn, grow, and thrive in the water. Our private swim lessons for individuals with diverse abilities are designed to meet swimmers where they are—fostering confidence, safety, and joy in a supportive, one-on-one environment. Whether working on water adjustment, stroke development, or personal goals, our trained instructors tailor each lesson to the unique needs and abilities of every participant. All ages and ability levels are welcome.

Contact aquatics@peoriaymca.org for more details.

Lessons Located at:



507 E Armstrong Ave
Peoria, IL 61603