Updated: 12/10/2024

PEORIA YMCA 12/2024 GYMNASIUM SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Sat.	Sun.
5:30-6:30 AM Group Ex	5-6:30 AM Open Gym	5:30-6:30 AM Group Ex	5-6:30 AM Open Gym	5-6:30 AM Open Gym	8-10 AM Open Gym	11 AM -4:30 PM Open Gym
6:30-9 AM	6:30 AM- 9 AM	6:30-9 AM	6:30 AM- 9 AM	6:30-9 AM	10AM-1 PM	
9-10 AM	Camp Drop-Off 9-10 AM	Camp-Drop Off 9-10 AM	Camp Drop-Off 9-10 AM	Open Gym 9-10 AM	Pickleball 1-6:30 PM	-1
Group Ex	Group Ex 9-10:30 AM	Open Gym 9-10:30 AM	Group Ex	Group Ex	Open Gym	
9-10:30 AM Winter Camp	Winter Camp Programming	Winter Camp Programming	9-10:30 AM Winter Camp Programming	9-10:30 AM Winter Camp		
Programming 10:30-11:30 AM Silver Sneakers	10:30-11:30 AM Silver Sneakers	10:30-11:30 AM Silver Sneakers	10:30-11:30 AM Silver Sneakers	Programming 10:30-11:30 AM Silver Sneakers		
11:30-3 PM Open Gym	12:00PM-3:00PM Pickleball (½ Gym) Open Gym (½ Gym)	12:00-3:00 PM Pickleball (1/2 Gym) Open Gym (1/2 Gym)	12:00PM-3:00 PM Pickleball (½ Gym) Open Gym (½ Gym)	11:30-3 PM Open Gym		
3-5 PM Winter Camp	3-5 PM Winter Camp	3-5 PM Winter Camp	3-5 PM Winter Camp	3-5 PM Winter Camp		
5-8:30 PM Open Gym	5-8:30 PM Open Gym	5-8:30 PM Open Gym	5-8:30 PM Open Gym	5-8:30 PM Open Gym	(3)	
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- **Schedule is subject to change monthly at Leadership discretion.
- **Winter Break Camp begins 12/23-01/06
 - -Gym hours are subject to conflict Monday-Friday
 - -Drop off/Pick up and Lunch will be in gym

Questions? Please Contact:

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