PEORIA YMCA 2025 GYMNASIUM SCHEDULE

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|--------------------------------------|-----------------------|----------------------|---------------------------|----------------------|-----------------|----------------|
| Monday | Tuesday | Wednesday | Thursday | Friday | Sat. | Sun. 🦅 |
| 5:30-6:30 AM | 5-6:30 AM | 5:30-6:30 AM | 5-6:30 AM | 5-6:30 AM | 8-9 AM | 11 AM -4:30 PM |
| Group Ex | Open Gym | Group Ex | Open Gym | Open Gym | Open Gym | Open Gym |
| | | | | | 9:00 AM-2:45 PM | |
| | | | | | Youth | |
| 6:30-9 AM | 6:30 AM- 9 AM | 6:30-9 AM | 6:30 AM- 9 AM | 6:30-9 AM | Basketball | |
| Open Gym | Open Gym | Open Gym | Open Gym | Open Gym | Games | |
| 9-10 AM | 9-10 AM | 9-10 AM | 9-10 AM | 9-10 AM | 3-6:30 PM | 1 |
| Group Ex | Group Ex | Open Gym | Group Ex | Group Ex | Open Gym | |
| | 9-10:30 AM | 9-10:30 AM | 9-10:30 AM | | | |
| 9-10:30 AM | Open Gym | Open Gym | Open Gym | 9-10:30 AM | | |
| Open Gym | | | | Open Gym | | |
| 10:30-11:30 AM | 10:30-11:30 AM | 10:30-11:30 AM | 10:30-11:30 AM | 10:30-11:30 AM | | |
| Silver Sneakers | Silver Sneakers | Silver Sneakers | Silver Sneakers | Silver Sneakers | | |
| | 12:00PM-3:00PM | 12:00-3:00 PM | 12:00PM-3:00 PM | 12:00-3 PM | | |
| 12:00-3:00 PM | Pickleball (½ Gym) | Pickleball (1/2 Gym) | Pickleball (½ Gym) | Pickleball (1/2 Gym) | | |
| Pickleball (1/2 Gym) | Open Gym (½ Gym) | Open Gym (1/2 Gym) | Open Gym (½ Gym) | Open Gym (1/2 | | |
| Open Gym (1/2 Gym) | 3-5 PM | 3-5 PM | 3-5 PM | Gym) | | |
| 3-4:30 PM | Open Gym (1/2 Gym) | Open Gym (1/2 Gym) | Open Gym (1/2 Gym) | 3-5 PM | | |
| Open Gym(½ Gym) | Teen Reach (1/2 Gym) | Teen Reach (1/2 Gym) | Teen Reach (1/2 Gym) | Open Gym(1/2 Gym) | 4-1 | |
| Teen Reach (1/2 Gym) 4:30-6:30 PM | reen Reach (1/2 dynn) | • | reen Reach (1/2 Gynn) | TeenReach(1/2 Gym) | 5 | 8 (10) |
| Youth Basketball | 5-8:30 PM | 5:30-6:30 PM | | 5-8:30 PM | | |
| Practice | | Youth Basketball | 5:30-6:30 PM | Volleyball (1/2 Gym) | | |
| Practice | Open Gym | Practice | Youth Basketball Practice | Open Gym (1/2 Gym) | | 11 / 1 |
| 6.20 9.20 DN4 | | 6:30-8:30PM | 6:30-8:30PM | | | • • • • • |
| 6:30-8:30 PM | | Onon Cum | Open Gym | | | |
| Open Gym | | Open Gym | | | | |

Important notes:

Basketball Courts may be closed during practice times

Questions? Please Contact:

 D'Arieus Culbert, Sports and Community Engagement Director Email – Dee.culbert@peoriaymca.org | Phone : 309-692-7631



^{**}Schedule is subject to change at Leadership discretion.

^{**}Youth Basketball begins 01/20-03/22

^{**}Youth Volleyball begins 01/24-03/21