

2024 YMCA POOL SCHEDULE:



May 28 – August 11:

Monday–Friday:

- 5am–12pm: Lap swim
- 6–7:30a: PAWW Practice (MWF)
- 8–10am: YMCA Swim Team Practice
- 8–8:45am: Aqua Group Fit (Mon & Fri) *Starting 6/3
- 9–9:45am: Aqua Group Fit *Starting 6/3
- 9–11am: Swim Lessons
- 10am–12pm: Camp Swim
- 12–7pm: Open Swim
- 5:30–6:15pm: Aqua Group Fit (Tues & Thurs) *Starting 6/4
- 6–6:45pm: Aqua Group Fit (Wed) *Starting 6/5
- 5–7:30pm: Swim lessons

Saturday:

- 6:30–8am: Long Course Swim Team Practice
- 7am–12pm: Lap swim
- 10am–12pm: Swim Lessons
- 12–6pm: Open Swim



Sunday:

- 11am–12pm: Lap swim
- 11am–1pm: Swim Lessons
- 12–4pm: Open Swim

August 12 – September 1:

Monday–Friday:

- 5–8am: Lap swim
- 8–8:45am: Aqua Group Fit. (Mon & Fri)
- 9–9:45am: Aqua Group Fit
- 9–11am: Swim Lessons
- 10am–12pm: Camp Swim
- 10am–12pm: Lap Swim
- 12–4pm: Closed
- 4–7pm: Open Swim
- 5:30–6:15pm: Aqua Group Fit (Tues & Thurs)
- 6–6:45pm: Aqua Group Fit (Wed only)
- 5–7:30pm: Swim lessons



Saturday:

- 6:30–8am: Long Course Swim Team Practice
- 7am–12pm: Lap swim



- 10am–12pm: Swim Lessons
- 12–6pm: Open Swim

Sunday:

- 11am–12pm: Lap swim
- 11am–1pm: Swim Lessons
- 12–4pm: Open Swim

September 2 | Labor Day:

- Schedule – TBD. Will be announced separately

September 3 – September 13:

Monday – Friday:

- 5am–1pm: Lap swim
 - 8–8:45am: Aqua Yoga (Mon & Fri)
 - 9–9:45am: Aqua Group Fit
- *No Open Swim* & *Closed on Sat & Sun*



Additional Important Information:

- Two lanes for lap open at all times, except 8–11am Mon–Fri
- The last 10 minutes of every hour will be adult swim for members 18+
- The Snack Bar Hours are Thurs–Sat 12–5:30pm & Sun 12–4pm
- PLEASE SEE THE *MONTHLY* AQUA GROUP FITNESS SCHEDULE FOR ALL CLASS DETAILS
- This schedule is subject to change



For all questions about the pool, please contact:
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