

YMCA 101:



Youth/Teen Membership & Fitness Orientation



Teach your child to exercise safely at the Y!



- Mandatory for kids 10-13 years old to use the wellness area.
- \$20 Fee per child (non-refundable).
- 1-Hour session.
- Parents/Guardians must attend the orientation with their child(ren).



If interested, please stop by the front desk to complete the registration form!

Questions? Contact: Kate Schmalshof. Email: kate.schmalshof@peoriaymca.org. Phone: 309-693-7631